

Our Lady of the Blessed Sacrament Catholic Church



OLBS Path to Pentecost

Fr. Bob Asks YOU to join with him and everyone in the parish to do three things over these 30 days as we live Covid:

Pray with him; **Nourish** your faith; and **Care** for others.

Pray

You develop a habit of daily personal prayer and pray with Fr. Bob for all in need.

- Attend the recorded parish Mass each weekend
(*YOUTUBE channel: OLBS,Bayside,NY or get link from website or Constant Contact*)
- Pray the Holy Rosary daily during May.
(*OLBS Rosary Altar Society daily at 7pm. Webex.com ID: 845 188 653*)
- 5/6 and on demand, Join our OLBS Organist & Cantors for Castle of the Soul
(*A contemplative prayer/music experience, Constant Contact & other sites*)

Nourish

You overcome resistance to prayer, learn new ways of praying, and experience Jesus' personal love for you at a higher level.

- Week of 5/4: Watch the virtual event: Matthew Kelly on Prayer.
(*Go to DynamicPrayerEvent.us. It is available throughout May*)
- Week of 5/11: Watch the video and share it "The Prayer Process"
(*the prayer process is in the bulletin and on Constant Contact*)
- Week of 5/18: Watch the video "The Jesus Question"
(*Go to: TheJesusQuestion.us. Then on Sunday 5/24th @Noon join Fr. Bob as we discuss our answers to the question, Zoom.us, ID 835 5373 3477*)

Care

You reach out in personal ways to share the love of Christ. Goal: Our Catholic community is known as the most caring people in our area!

- As our priests, religious and staff are calling our 1400 families, Pick 1 person each day to reach out to via text, call, email, zoom.
- Week of 5/4: Become a "Buddy" and help us identify those isolated and in need of a Buddy to call them.
- Week of 5/11: Take part in our HEARTS4HOPE Project.
(*Cut out a paper heart, or download our template, and add your word or message of hope, support, thanks, etc. to your neighbors; post in your window or on porch or tree; send us a photo to share.*)
- Week of 5/18: Take part in SOUP4SENIORS. Make a pot of soup and our Buddies and Homebound Ministers will make a contact-free delivery.

30 Days

- To powerfully change your connection with Jesus
- For OLBS to show our community how much we care
- For each person in the parish to experience this journey together
- To share your anecdotes from your outreach with us